



FOR THE HOLIDAYS

You are Invited to Special Free Workshop

Any holiday or special occasion can be difficult for those suffering a loss. Spiritual, religious or family traditions may add grief to an already hard journey.

So how do you turn holiday traditions from a time of sadness and loneliness into healing rituals? We will watch a short DVD and have time for discussion and idea sharing.

Wednesday, November 7 • 2:00–3:30 pm

Lakeport Bereavement Center, 1862 Parallel Drive, Lakeport

Wednesday, November 14 • 2:00–3:30 pm

Clear Lake Chamber of Commerce, 14295 Lakeshore, Clearlake

Tuesday, December 5 • 1:00–2:30 pm

Middletown Senior Center, 21256 Washington Street, Middletown

All community members are welcome. Light refreshments will be served. Pre-registration is not required.

**Hospice Services
of Lake County**
HOPE • COMPASSION • LIFE



**For more information contact Kathleen Bradley
263-6720 Ext. 123 or kbradley@lakecountyhospice.org**