

NATIONAL HOSPICE & PALLIATIVE CARE MONTH

Celebrating Life. Honoring Life.

NOVEMBER
2018

Hospice Services of Lake County provides the highest quality compassionate care.

Our community receives our services in many different ways throughout life, from counseling in our schools to care at the end of life wherever you call home.

*We invite you to participate
in any of these free, meaningful events or activities.*

- Participate in one or more of the series of four weekly **Memories to Legacies** workshops held at the Lucerne Alpine Senior Center, Tuesdays starting November 13, 12:30–2 pm.
- **Hope for the Holidays** workshops held on November 7 in Lakeport, November 14 in Clearlake and December 1 in Middletown. Times vary.
- **Death Café** gatherings to discuss and help normalize life and death. Ongoing, the first Wednesday of each month at the Lower Lake Community Methodist Church and on the third Wednesday of month (every month) at the Riviera Common Grounds coffee shop. Open to all, drop in or become a regular attendee. 4–5 pm.
- **Dine Out for Hospice** and enjoy a meal at a participating restaurant between 5–8 pm on Thursday, November 29 with 10% or more of the cost of your meal going to help fund our bereavement programs and special needs of patients.
- **Volunteer!** There are many opportunities available such as patient and family support, bereavement services, Wings of Hope family camps, thrift stores and community ambassadors just to name a few.
- **Complete your Advance Directive.** Contact Hospice Services to receive an Advance Care Directive form or consultation on how to complete the process. The gift you can give your loved ones by having your wishes made clear if you ever can't speak for yourself.
- **Read impactful articles and messages** in print and social media written by health care professionals, community members, and volunteers.

The core of hospice service is to provide patient and family-centered care ensuring the highest quality of life at the end-of-life wherever an individual calls home.

Specially trained staff ensure that families receive the necessary support to allow that to happen.

Services include nursing care, symptom management, and emotional and spiritual support tailored to a patient's needs and wishes.

**Hospice Services
of Lake County**
HOPE • COMPASSION • LIFE



For more information about these events or Hospice Services,
call 707-263-6222 or email jscitron@lakecountyhospice.org