

# "Journey of Grief"

Adults who have experienced the death of a loved one are invited to participate



## An 8 week Education & Support Group Thursdays

2pm-4pm in person in Lakeport

5pm-7pm through Zoom

**Starting September 23rd**

- Zoom meeting format -assistance for signing on will be provided
- Sessions are a combination of instruction and discussion
- Groups are facilitated by specially trained bereavement volunteers & staff
- Topics are presented in a meaningful sequence

For Additional information and/or to enroll  
call Kathleen Bradley 707. 263.6222 X123  
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[www.lakecountyhospice.org](http://www.lakecountyhospice.org)



*Hospice Services  
of Lake County*

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